



WEDNESDAY,
DEC. 8th
8:30am

Join our TNT team as we host a **WALK TO END ALZHEIMER'S!**

Alzheimer's disease is currently ranked as the sixth leading cause of death in the United States, but recent estimates indicate the disorder may rank third, just behind heart disease and cancer, as a cause of death for older people.

- 🌸 Meet us December 8th at 8:30am in front of TNT
- 🌸 Prizes awarded for the:
 - Funkiest Outfit - purple is our color!
 - Ugliest Christmas Sweater
 - Most Giving Donation
- 🌸 Lace up your walking shoes and join your TNT team as we walk to raise awareness for Alzheimer's!
- 🌸 For more information or to register email us at info@tntfit4life.com



TOTAL PARTICIPATION
AND FUN!



<https://www.nia.nih.gov/health/alzheimers-disease-fact-sheet>